

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: KAZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Geelen Sofie

Coaches: Raes Kurt HEADCOACH

Coaches: Lievens Stijn

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE WOMEN 15-18							Heat:2, starttime: 08:35	
Heat: 2/5 Lane : 4 Athlete: MEYER THYRVI							Q-time: 04:44:69	
PB (50m pool): 04:44.69 Antwerpen 27/07/2025							PB (25m pool): 04:37.83 SB: 04:45.29 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.11	01:07.64	01:44.14	02:20.76	02:57.58	03:34.38	04:10.32	04:44.69
	00:32.11	00:35.53	00:36.50	00:36.62	00:36.82	00:36.80	00:35.94	00:34.37
								

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:3, starttime: 09:19		
Heat: 3/16 Lane : 7 Athlete: WOUTERS STIEN							Q-time: 00:34:72		
PB (50m pool): 00:34.72 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.08SB: 00:35.17 Gent 08/02/2026									
	5 0 M								
PB	00:34.72								
	00:34.72								
									

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:4, starttime: 09:20	
Heat: 4/16 Lane : 5 Athlete: GYPEN KAAT							Q-time: 00:34:50	
PB (50m pool): 00:34.50 Antwerp 02/02/2025							PB (25m pool): 00:33.47 SB: 00:34.59 Molenbeek 01/02/2026	
	5 0 M							
PB	00:34.50							
	00:34.50							
								

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:5, starttime: 09:22		
Heat: 5/16 Lane : 6 Athlete: ASSCHERICKX CHLOé							Q-time: 00:34:38		
PB (50m pool): 00:34.38 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:32.77 SB: 00:34.49 Antwerpen 19/04/2026									
	5 0 M								
PB	00:34.38								
	00:34.38								
									

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+					Heat:15, starttime: 09:37				
Heat: 15/16 Lane : 3 Athlete: WOUTERS BRIANA					Q-time: 00:30:90				
PB (50m pool): 00:30.90 Antwerpen 22/03/2026					PB (25m pool): 00:29.75 SB: 00:30.90 Antwerpen 22/03/2026				
	5 0 M								
PB	00:30.90								
	00:30.90								
									

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:3, starttime: 10:47	
Heat: 3/10 Lane : 6 Athlete: DE WITTE LEO					Q-time: 02:26:84	
PB (50m pool): 02:26.84 Antwerpen 08/03/2026					PB (25m pool): 02:20.82SB: 02:26.84 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:33.78	01:10.91	01:49.15	02:26.84		
	00:33.78	00:37.13	00:38.24	00:37.69		
						

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:5, starttime: 10:54	
Heat: 5/10 Lane : 7 Athlete: WILLEM ARTHUR					Q-time: 02:23:78	
PB (50m pool): 02:23.78 Eindhoven 22/03/2026					PB (25m pool): 02:23.05SB: 02:23.78 Eindhoven 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.89	01:09.28	01:47.00	02:23.78		
	00:32.89	00:36.39	00:37.72	00:36.78		
						

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:9, starttime: 11:08
Heat: 9/10 Lane : 2 Athlete: RAES DRIES					Q-time: 02:15:76
PB (50m pool): 02:15.76 Antwerpen 27/07/2025					PB (25m pool): 02:11.33 SB: 02:19.71 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.35	01:05.86	01:41.91	02:15.76	
	00:31.35	00:34.51	00:36.05	00:33.85	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY WOMEN 15+					Heat:4, starttime: 11:24
Heat: 4/4 Lane : 8 Athlete: MEYER THYRVI					Q-time: 02:37:36
PB (50m pool): 02:37.36 Antwerpen 17/05/2026					PB (25m pool): 02:29.89 SB: 02:37.36 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.52	01:16.14	01:58.60	02:37.36	
	00:35.52	00:40.62	00:42.46	00:38.76	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:8, starttime: 11:39
Heat: 8/12 Lane : 3 Athlete: AUSLOOS JENS					Q-time: 01:10:72
PB (50m pool): 01:10.72 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 01:07.42 SB: 01:13.41 Antwerpen 19/04/2026
	5 0 M	1 0 0 M			
PB	00:33.40	01:10.72			
	00:33.40	00:37.32			
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:2, starttime: 11:49
Heat: 2/13 Lane : 2 Athlete: ASSCHERICKX CHLO��					Q-time: 00:29:10
PB (50m pool): 00:29.10 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 00:29.02 SB: 00:29.50 Antwerpen 19/04/2026
	5 0 M				
PB	00:29.10				
	00:29.10				
					

Coach feedback:

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Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:12, starttime: 11:59																			
Heat: 12/13 Lane : 5 Athlete: WOUTERS BRIANA																				Q-time: 00:26:77									
PB (50m pool): 00:26.71 Antwerp 21/01/2024										PB (25m pool): 00:26.20 SB: 00:26.77 Antwerpen 17/05/2026																			
	5 0 M																												
PB	00:26.71																												
	00:26.71																												
																													

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:6, starttime: 12:06																			
Heat: 6/15 Lane : 3 Athlete: RAES DRIES																				Q-time: 00:25:65									
PB (50m pool): 00:25.65 Aalst 27/06/2026										PB (25m pool): 00:25.50 SB: 00:25.65 Aalst 27/06/2026																			
	5 0 M																												
PB	00:25.65																												
	00:25.65																												
																													

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:10, starttime: 12:10																			
Heat: 10/15 Lane : 8 Athlete: AUSLOOS JENS																				Q-time: 00:25:14									
PB (50m pool): 00:24.78 ANTWERPEN 30/07/2023										PB (25m pool): 00:23.90SB: 00:25.25 Antwerpen 19/04/2026																			
	5 0 M																												
PB	00:24.78																												
	00:24.78																												
																													

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:2, starttime: 12:21	
Heat: 2/5 Lane : 8 Athlete: TEAM KAZS 2							Q-time: 04:51:21	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

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Event number: 11: 4x100M MEDLEY MIXED 15+							Heat:4, starttime: 12:32	
Heat: 4/5 Lane : 5 Athlete: TEAM KAZS 1							Q-time: 04:18:74	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 12: 1500M FREESTYLE MEN 15-16							Heat:2, starttime: 13:01	
Heat: 2/2 Lane : 8 Athlete: DE WITTE LEO							Q-time: 17:47:46	
PB (50m pool): 17:47.46 Antwerpen 08/03/2026			PB (25m pool): 17:22.21SB: 17:47.46 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.61	01:03.71	01:38.41	02:13.08	02:48.55	03:23.63	03:59.44	04:34.70
	00:30.61	00:33.10	00:34.70	00:34.67	00:35.47	00:35.08	00:35.81	00:35.26
								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:10.54	05:46.09	06:22.28	06:58.05	07:34.58	08:10.23	08:47.11	09:23.26
	00:35.84	00:35.55	00:36.19	00:35.77	00:36.53	00:35.65	00:36.88	00:36.15
								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	09:59.31	10:35.53	11:12.05	11:48.40	12:24.64	13:00.62	13:37.07	14:13.30
	00:36.05	00:36.22	00:36.52	00:36.35	00:36.24	00:35.98	00:36.45	00:36.23
								

	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB	14:49.54	15:25.60	16:02.05	16:37.88	17:13.02	17:47.46	
	00:36.24	00:36.06	00:36.45	00:35.83	00:35.14	00:34.44	
							

Coach feedback: